

When you need help

and don't know where to turn...

Call 2-1-1

Get connected to services and resources that fit your needs.

- ★ Child care
- ★ Public benefits
- ★ Addiction support groups
- ★ Food pantries
- ★ Housing assistance
- ★ Mental health services
- ★ Senior care
- ★ Legal assistance
- ★ Health care
- ★ Veteran services
- ★ and so much more.

The help is FREE,
confidential and available
in many languages.

2-1-1
1-800-478-2221
Alaska211.org

Alaska
2-1-1[★]
Get Connected. Get Answers.
Alaska United Ways

