

# NEED HELP FINDING HELP?

2·1·1

Alaska

United  
Way



United Way of Anchorage

## Get connected to resources that fit your needs:

- Food
- Housing assistance
- Child care
- Mental health services
- Public benefits
- Health care
- Health insurance
- Senior care
- Job training
- Parenting help
- Legal assistance
- Veteran services and more

**Call 2-1-1**  
or 800-478-2221

Visit [Alaska211.org](https://Alaska211.org) Email [Alaska211@ak.org](mailto:Alaska211@ak.org)

Free. Confidential. Interpretation services are available in more than 170 languages.

This publication is supported by the Administration for Children and Families (ACF) of the United States (U.S.) Department of Health and Human Services (HHS) as part of a financial assistance award (Grant #: 90XP0456-01-00) totaling \$1M with 100 percent funded by ACF/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACS/HHS, or the U.S. Government. For more information, please visit the ACF website, Administrative and National Policy Requirements.